

# Preventing Dermatitis: Salon Checklist

## Step 1. Wear disposable non-latex gloves when rinsing, shampooing, colouring, bleaching, etc.

- Choose a longer-length glove – folding the cuff back to stop water running down the arms
- Pick a smooth glove to stop hair snagging
- Have different sized gloves available and ensure a good fit
- Show staff how to remove gloves by peeling them down from the cuff, while avoiding touching skin with used gloves
- Make sure gloves are worn for cleaning spills
- Rotate jobs to minimise exposure for each member of staff  
[www.hse.gov.uk/skin/posters/singleusegloves.pdf](http://www.hse.gov.uk/skin/posters/singleusegloves.pdf)

## Step 2. Dry your hands thoroughly with a soft cotton or paper towel.

- Provide soft cotton or paper towels for drying hands
- Tell staff about the importance of thorough hand drying as part of their skin care regime

## Step 3. Moisturise after washing your hands, as well as at the start and end of each day.

- Provide moisturising cream in a dispenser or give each of your staff their own supply
- Choose fragrance-free moisturisers, as some people can be sensitive to perfumes
- Encourage staff to make sure all areas are covered – it's easy to miss fingertips, finger webs, and wrists  
[www.hse.gov.uk/skin/posters/skinmethod.pdf](http://www.hse.gov.uk/skin/posters/skinmethod.pdf)

## Step 4. Change gloves between clients.

- Make sure staff don't re-use gloves – the skin can be contaminated if you try to put them back on
- Advise your staff to change gloves between clients – this gives the skin a chance to 'air'

## Step 5. Check skin regularly for early signs of dermatitis.

- Get into the habit of checking your own skin and reminding staff to check theirs  
[www.hse.gov.uk/skin/posters/skindermatitis.pdf](http://www.hse.gov.uk/skin/posters/skindermatitis.pdf)

